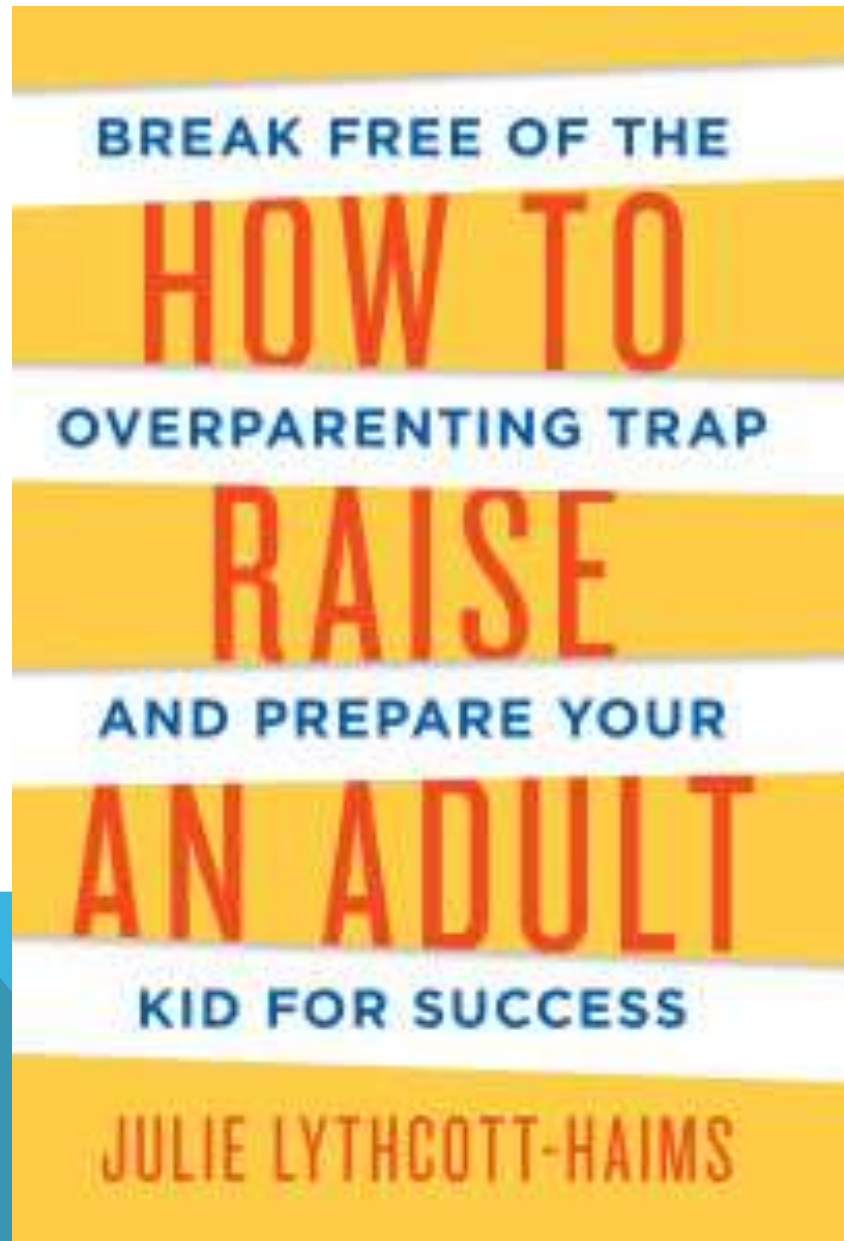


CHS BOOK READ...



DISCOVERY PROCESS...

**OVER SEVERAL YEARS THE AUTHOR
INTERVIEWED:**

- **MILITARY RECRUITERS**
- **EMPLOYERS**
- **COLLEGE FACULTY & FELLOW DEANS OF ADMISSION**
- **PARENTS & STUDENTS**
- **BOOKS & RESEARCH PAPERS**

RESEARCH FINDINGS...

- 84% felt overwhelmed by all they had to do
- 60% struggled with profound loneliness
- 50% struggled with time management
- 47% felt hopeless
- 30% drop out of college during or after freshman year
- 14% felt prepared for life after high school




RESEARCH FINDINGS...

- **Struggling with basic life skills**
 - ✓ Work completion and meeting deadlines
 - ✓ Lack of skills to manage conflicts and healthy coping mechanisms
 - ✓ Lack of interpersonal skills
 - ✓ Lack of problem solving skills

 - **We live in a society caught up in achievements, busyness and a paralyzing fear of imperfection**

 - **Stressed beyond measure and lack resilience to persist in the face of rejection or adversity**

 - **Rates of clinical depression and anxiety have skyrocketed**
- 

PLEASE JOIN US...

Book study & small group discussions at CHS:

October 26

November 9

November 16

